

## Module 2: QuickStep Coaching Practicum<sup>®</sup>

### Teaching Chart

(Maximum 4 Students)

	QCP-201: “Review of ICF Core Competencies”	QCP-202: “Refining the Focus”	QCP-203: “Telephone Coaching”	QCP-204: “Requirements for QuickStep Oral Exam”
30 Min. Study Time	<b>Pre-class HOMEWORK:</b> • ICF Core Competencies • The Coaching BRIDGE	<b>Pre-class HOMEWORK:</b> • Two Parts to the Coaching Agreement • Various Coaching Forms and Tools	<b>Pre-class HOMEWORK:</b> • Why Telephone Coaching Works • 10 Indicators to Refer a Client	<b>Pre-class HOMEWORK:</b> • Criterion for Oral Exam • Next Training Step
1:00	<b>Review of Homework Assignments:</b> Review of ICF Core Competencies	<b>Review of Homework Assignments:</b> Two Parts to the Coaching Agreement & Coaching Tools	<b>Review of Homework Assignments:</b> Active Listening by Phone & Referring Clients	<b>Review of Homework Assignments:</b> Criterion for Oral Exam & Next Module
1:15				
1:30	<b>Practice</b> Telephone Coaching / Feedback	<b>Practice</b> Telephone Coaching / Feedback	<b>Practice</b> Telephone Coaching / Feedback	<b>Practice</b> Telephone Coaching / Feedback
1:45				
2:00				
2:15	<b>Practice</b> Telephone Coaching / Feedback	<b>Practice</b> Telephone Coaching / Feedback	<b>Practice</b> Telephone Coaching / Feedback	<b>Practice</b> Telephone Coaching / Feedback
2:30				
2:45				

Homework consists of studying the Student workbook prior to class (30 minutes each).

8 hrs – Synchronous Hours of Training

2 hrs – Asynchronous Hours of Training

10 hrs Total Hours of Training

4 Students = 2 Coaching Sessions each